

Seniors Connecting



**Providing social, educational
and fun activities in a safe,
non-judgemental environment**



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Seniors Connecting

Speakers

Participants enjoy presentations from local, provincial and federal service providers.

Outings

Some examples of outings include visiting the Cowichan Lavendar Farm, catching Elvis at the Port Theatre and a regular monthly tea.

Events

The group meets once a week, usually on Wednesdays. In addition, participants enjoy Thanksgiving and Christmas Luncheons.

Speakers and Outings are based on what is relevant and of interest to the group.

Transportation is available.

Become a Participant

Participants must be:

- 65+ years
- Live within School District 69
- Mobile (walkers, wheelchairs and other mobility aids welcome)

SOS Community Services Centres

Parksville 245 West Hirst Ave. 250.248.2093 ext. 224
Qualicum 744 Primrose St. | SAT@sosd69.com
www.sosd69.com | facebook.com/sosd69

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