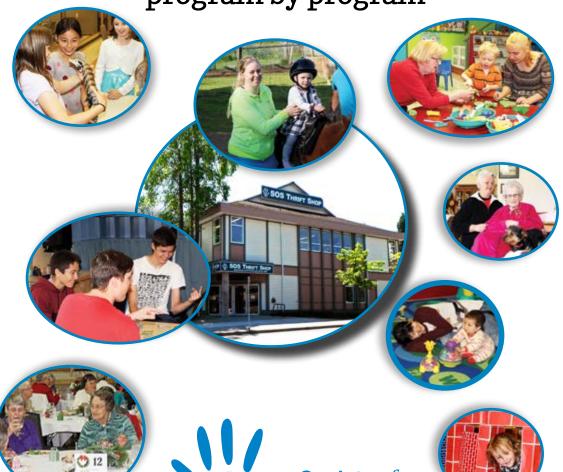
Annual Report

Creating a healthy community program by program







2015-2016



Who We Are



SOS is a volunteerbased, non-profit organization caring for people in our community since 1968.

Top photo, SOS board members and executive staff gather at Milner Gardens for founding member Edith Chamberlayne's 90th birthday in May.

Right Photo, A mother hugs her children for a Mother's Day photo at TIC TAC in Parksville. Seconds later they scatter and busy themselves exploring toys and activities with staff and volunteers.

Our Mission:

To work collaboratively with community stakeholders to identify and ensure the provision of a safety net of select, supplementary social services and resources not adequately available in District 69.

Our Vision:

Our vision is that all individuals and families in our community have the opportunity to live independent, healthy and productive lives.



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Update on SOS

Communication



Join SOS

Message from the President

nother year has passed by quickly it and services for over a year now at Qualiseems and our community's needs

same fast pace. This is the reason that the SOS Board works closely with staff to understand the needs of the community and then to set direction based on those requirements. In order to continue meeting our commitments by offering comprehensive and innovative pro-

gramming, Thrift Shop support remains critical, since it is the key funder of SOS. SOS has been offering quality programs

cum Commons, and we are looking to fur-**L**appear to be ever-evolving at the ther expand programming for people of

> all ages in the Qualicum Beach area.

Looking to the future, SOS has already begun planning for our 50th anniversary taking place in 2018. We're very excited to celebrate all the good work SOS has done in our community over these past 50 years. And,

we're committed to continuing that work into the future in our efforts to empower vibrant community living. ~Garry Cox



Message from the Executive Director

SOS prides itself on having the ability to understand and anticipate what our community's needs are, and together with other

service providers, we have the capacity to meet those needs.

Following an internal program review, the SOS Family Night was adjusted this year so we could serve more local families. As a result, the program more than doubled.

Another important role SOS plays involves supporting our seniors. Our Seniors' Connection program offers one-on-one

assistance addressing a variety of concerns, and this year the number of seniors we assisted grew significantly over last year. Oceanside

Better at Home program now serves over 200 seniors with non-medical supports like light housekeeping, friendly visits, grocery shop-

ping, and yard work.

These examples are indicative of the growing need for SOS programs and services in our community. We're proud of the work we do and we couldn't do it without the support of the communities we serve.

Thanks to donations we receive and the important and irreplaceable help from our volunteers, SOS is able to continue this very important work. We thank them all. Thank you for your interest and continued support of SOS. ~Renate Sutherland



Board of Directors





Garry Cox -President A retired police officer, Garry served 30 years with the RCMP, the last 9 in Oceanside.



Janet Smukowich -First Vice President Janet worked for 10 years in banking, 8 in real estate, and 12 managing a food franchise.



Barbara Price -Secretary Treasurer Barb grew up on a farm in southern Alberta. She works as a Chartered Accountant.



Cory McIntosh -Past President Born and raised in Victoria. Cory has been working as an accountant for 17 years.



Candy Ashbridge -Director A retired librarian, Candy has a Master's Degree in Library Science.



Director Kay worked at SOS from 1978-1994 in the office, and the last 8 years as Executive Director.

Kay Burgoyne -



Don Dempson -Director Don has worked in marketing. communications and sales for major companies.



Wendy Hill -Director Wendy recently retired as Assistant Deputy Minister in BC's Ministry of Health.



Carol Plaisier -Director Carol is a certified financial planner and mortgage professional.



Elaine McKinley -Director Elaine worked for 32 years in the telecommunications industry in finance and human resources.

Thrift Shop

Key funder of SOS





The SOS Thrift Shop is the key funder of our organization. Over 80% of SOS funding comes from our Thrift Shop.



Donations and community support for the Thrift Shop are critical in order to make our more than 30 programs and services possible.



Volunteers are essential to the success of the Thrift Shop. These 160+ volunteers have helped make it a viable source of funding and a bustling community hub.

Taking Care of All Ages



Preschool Programs

- Time in Comfort for Tots and Caregivers (TIC TAC)
- Preschoolers on the Move

Children & Family Programs

- Move & Groove Dance Class
- Girl Talk & Guyz Time
- Family Night
- Recreation Assistance
- Caring for Kids at Christmas

Youth Programs

- School Nite Out
- Teen Nite
- Youth Open Space Qualicum
- Teens iN Transition
- Gradwear
- After School Education Assistance
- Babysitting Course

Adults & Seniors Programs

- Income Tax Returns
- Hardship Emergency Support & Referral
- STAR Program
- Homeless Prevention Program
- Women's Personal Growth
- Counselling Referral
- Seniors' Connection
- Seniors Are Talking
- Oceanside Better at Home
- Medical Appointment Transportation
- Meals on Wheels

Child, Youth & Family Centre

Program Statistics, April 2015 - March 2016

Community Needs	SOS Program	SOS Impact
A warm and creative place for young children to play while caregivers join in, or take a break.	Preschool Programs	Parksville: 94 attendancies Qualicum: 93 attendancies
A space for children in grades 4-6 to meet friends and gain confidence and community awareness.	Girl Talk & Guyz Time	Parksville participants: Girls: 18 Guys: 17 Qualicum participants: Girls: 13 Guys: 5
A place for youth in grades 7-9 to express themselves, go on outings and develop friendships.	School Nite Out	Parksville: 21 participants
A positive place for teens to connect with friends, play music, create art and receive support.	Teen Nite	Parksville: 18 participants
A safe and relaxing place where families can spend quality time together and have dinner prepared.	Family Night	Parksville: 61 participants Qualicum: 39 participants

Child, Youth & Family Centre

Program Statistics, April 2015 - March 2016

Community Needs	SOS Program	SOS Impact
A free outlet where older youth can get positive support, life skills and resources.	Teens iN Transition	Parksville: 7 Group registrations 17 drop-ins
Affordable and attractive clothing and accessories to send youth to their grad ceremonies in.	Gradwear	44 youth selected a gently used or new outfit, along with shoes and accessories, for \$5.
Funds to help register children and youth in sports and camps.	Recreation Assistance	347 local children were assisted, enabling them to attend programs.
Tutoring in Math and English for students in grades 6-12.	Education Assistance	28 students were assisted at no cost.
A free course for children to learn childcare and basic first aid.	St. John Babysitting	12 participants completed the course and were certified.
A free dance class for children from low income families.	Move & Groove	13 local children got to try ballet, jazz and hip hop.



Program Statistics April 2015 - March 2016

Community Needs	SOS Program	SOS Impact
Affordable housingFinancial aidMedical careTransportationSupport	Seniors' Connection	Assisted seniors 1,271 times, helping find solutions for a variety of concerns Hosted 3 Service Canada seminars
 Social interaction Helpful information to stay healthy and informed Camaraderie 	Seniors Are Talking	1,911 total attendancies at meetings, information sessions and outings 28 Outings
 Access to hot, nutritious meals A well-balanced diet Ability to eat at home 	Meals on Wheels	9,461 healthy meals delivered54 Average monthly clients 34 Volunteers
 Ability to get to and from medical appointments 	Medical Appointment Transportation	795 Drives 173 clients assisted 26,534 km driven

Program Statistics April 2015 - March 2016

Community Needs	SOS Program	SOS Impact
Light housekeepingSocial interactionNon-medical drivesTransportation to grocery stores	Oceanside Better at Home	1,546 housekeeping services 171 Friendly visits 209 Non-medical drives 25 Grocery shopping trips
 Assistance buying food at Christmas Assistance buying children Christmas presents 	Caring for Kids at Christmas	Grocery gift cards given to 1,184 adults 1,151 children received gifts
 Ability to file income taxes Taxes filed in order to collect benefits 	Income Tax	1,228 tax returns filed for 1,120 clients
 Need essentials like food, gas and medicine. Safety-related repairs on vehicles Advocacy assistance 	Emergency Assistance	 1,136 vouchers for essentials 21 parents referred to Kerry's Car & Truck service 73 advocacy meetings

Keeping You Connected

7e are working hard at keeping our supporters connected to the SOS community.

in April and share SOS news, opportunities, and some of the stories that reveal the impact we are having in our community. The E-Newsletters are in

addition to our Annual Spring and Summer Newsletters.

The SOS Facebook page was launched last Fall and we now have over 200 followers. There, we post SOS images, job opportunities, Thrift Shop sales and more. To follow us, visit www.facebook.com/sosd69 click on "like" and hover over "liked" to turn on notifications.

The SOS website is getting a face-lift this year. It was time to upgrade our software and bring the site up to date so it is compatible with all the new viewing devices. Our website developers, Geeks on the Beach, are making a sizable donation to help us revamp our homepage and update our event system. By this fall,

our website will be more user-friendly, feature some great new program pictures, and have a fresh and visually Our monthly E-Newsletters started appealing look. If you have any feedback or suggested additions once the site is complete, we'd love to hear from you! Please email your comments to info@sosd69.com





Outreach

SOS works with and supports a number of local organizations for the betterment of our community

ODFP-Building End of Life Coordinated Learning Working Community Act Team Oceanside Together Oceanside Group **PASS** Collaborative Health and YouthLink Woodwinds Wellness Response Committee Network

Oceanside Task Force on Homelessness (OTFH)



Extreme Weather Shelter

Funded by BC Housing, Coordinated by OTFH, Hosted by Salvation Army, Administered by SOS

Nov. 1, 2015 - March 31, 2016

Male attendancies 166 Female attendancies 18 Nights open 63

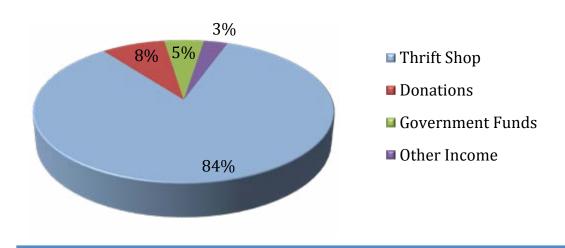


SOS Homeless Prevention Program

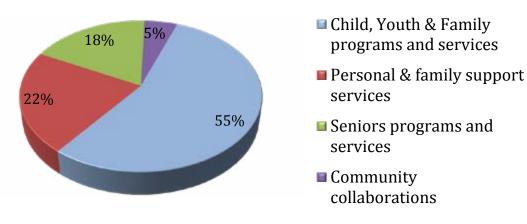
A partnership with BC Housing, this program is focused on providing people in identified at-risk populations with rent subsidies and a support system to prevent homelessness. The program has housed 25 people to date, and 11 are receiving support through the Oceanside HOST team. (More on page 19).

SOS Financial Information

Where does SOS funding come from?



Allocation of Thrift Shop funds





Statement of Financial Position	2016	2015
Assets:	\$236,974	\$226,737
Current assets	1.156,700	801,780
Cash & short term investments - internally restricted	540,000	560,000
Long term investments - internally restricted	2,194,773	<u>2,299,120</u>
Capital assets	<u>\$4,128,447</u>	<u>\$3,887,637</u>
Liabilities & Net Assets:	\$141,920	\$143,217
Current liabilities	23,801	32,666
Deferred revenue - current	43,244	45,046
Deferred revenue - long term	3,919,482	<u>3,666,708</u>
Net assets	<u>\$4,128,447</u>	<u>\$3,887,637</u>
Statement of Operations		
Revenue:	\$3,416,309	\$3,090,639
Expenses:		
Management & administration	135,353	128,676
Programming & operations	2,911,370	2,775,110
Amortization & asset losses (gains)	<u>116,812</u>	<u>127,645</u>
Excess of revenue over expenses	<u>\$252,774</u>	<u>\$59,208</u>

\$1,000+ donors and contributors to SOS

Cenovus Employee Foundation
Clark, Walter & Marion
Cook, Geraldine
Duncan, Norman & Diane
Fanning, Ken & Phyllis
Lawson, Mike & Carol
Lefeaux, Peter
Lowen, Kerby & Maeva
Luke, Don
McLenahan, John
Paul, Fred
Rehill, Gregory & Winnifred
Parksville Qualicum Beach News
+ Coins for Kids
Grumpy Old Men Hockey Team

Island Radio
Kerry's Car & Truck Centre
Knights of Columbus #7991
Oceanside Newcomers Alumni
Society
Parksville Quilt House Quilters
Guild
Parks West Business Products
Parksville Lioness Club
Provincial Employees
Community Services Fund
Qualicum Beach Alumni
Newcomers Association
Qualicum Beach & Area
Newcomers Club

Qualicum Foods
Quality Foods Parksville
Rotary Club of Qualicum
Beach
Rotary Club of Parksville
Royal Canadian Legion Br. 76
Save-On-Foods
Silver Spur Riding Club
Smithers Road Automotive Ltd.
Thrifty Foods
Tigh-Na-Mara Seaside Spa
Resort & Conference Centre
Plus 15 additional donors
who wish to remain

15

anonymous

SOS Staff



Administration Team

Child, Youth & Family Centre Team



Thrift Shop Team



Staff Years of Service

23 years, retiring	Mary Sluyter	Financial Administrator
10 years	Tim McArdon Julie Patterson	Shipper/Receiver Coordinator
5 years	Billy Denis Andy Telfer	Shipper/Receiver Coordinator

SOS Volunteers Years of Service



5 yearsBack row from left, Margaret Mitchell,
Wendy Hill, Marcia Hetherington,
Bernadette Hatten, Ruth Stevens,
and Audrey Isbell.



15 yearsKarin Payne and Don Luke.



10 years

Back row from left, Norma Jean
Hesby, Luba Kruz, Eileen Hebert,
Sherran West. Front row, Marjorie
Wilkie, Larry Newland, Ruth Peters,
Myrna Macleod and Sylvie Baigent.



20 & 25 years

From left, Jessie Miskovich (25 years),
Barbara Bartlett (20 years) and
Pat Hislop (20 years).



SOS Volunteers

Volunteers are the backbone of SOS. Without their support and dedication, SOS would not be able to offer so many vital programs and services to the community. SOS has over 350 volunteers who help in a variety of areas within the organization.

Meet a few of our volunteers:



Marion: Office, Thrift Shop & **Special Events**





Sherwood: Medical Appt. Transportation, Meals on Wheels, Friendly Visitor



Calista: Child, Youth & Family Centre, Preschool programs



Curtis: Thrift Shop



Stephanie: Child, Youth & Family Centre, Youth programs



Isaiah: Thrift Shop



Don: Income Tax Program, Christmas Program, Thrift Shop & Special Events

Volunteer Areas

Impact

Thrift Shop	Thrift Shop is our key funder and thanks to volunteer support, funds raised support programming.
Adult & Senior programs	Residents receive support to meet health and wellness, financial and emotional needs.
Child, Youth & Family programs	Programs inspire creativity, new friendships, confidence and community awareness.
Office	Office volunteers act as a resource to residents, and support coordinators in assisting clients.



Looking Forward

Gearing up to celebrate 50 years

SOS will be celebrating 50 years of important work in our community in 2018. To mark the occasion, we will have special events and we are creating a 10-minute film.

The video will include interviews, programming footage, important stories from our past and a look at where SOS is heading.

Along those same lines, SOS is creating a book capturing the last 50 years, which will be published in 2019.

SOS is excited to be working with local sculptor Mike Rebar to create a commemorative sculpture for our friendship garden. The garden is being revitalized, and the sculpture will be the focal point.

If you have any memories about info@sosd69.com.



Videographer Denis Falardeau sets up his camera to film Executive Director Renate Sutherland interviewing founding member Edith Chamberlayne.

SOS that you would like to share, please call our Marketing Coordinator at 250-248-2093 ext. 231 or email

Homeless endeavours gaining ground

The SOS Homeless Prevention Program continues to make headway in Oceanside.

The program has housed 25 people to date and the Coordinator is actively working with agencies and local government to try and secure support for residents in various stages of need, such

as shelter and supportive housing.

The SOS Homelessness Coordinator also works with the Oceanside HOST Team, an inter-agency team of outreach workers focused on breaking the cycle of homelessness, instability and poor health by providing people with financial and personal support.



Join Us

be part of our caring community



District 69 Society of Organized Services

245 West Hirst Avenue | PO Box 898 | Parksville BC | V9P 2G9 | 250-248-2093 744 Primrose Street | Qualicum Beach BC | 250-752-2040 sos@sosd69.com | www.sosd69.com | www.facebook.com/sosd69