

SOS Grocery Shopping Service

Part of the Oceanside Better at Home Program



Assisting seniors 65+ with grocery shopping



Society of
Organized
Services

Better
at Home



United Way helping seniors remain independent.

Better at Home is funded by the Government of B.C.
and managed by the United Way.

SOS Grocery Shopping Service

Need help with grocery shopping?

We will pick you up at your home and take you to a local grocery store where SOS volunteers will be there to assist if needed. We will have a coffee break before dropping you off at your home. Seniors 65+ who live in District 69 can access this free program.

When?

Alternating Fridays in Parksville and Qualicum Beach, from 9:30 am to 12 noon.

Volunteer!

Want to assist local seniors and have fun at the same time? Call 250.248.2093 ext. 230, or visit our website.

SOS Community Services Centres

Call to register: 250.752.2040 ext. 4

betterathome@sosd69.com

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