## SOS Grocery Shopping Service





Assisting seniors 65+ with grocery shopping





United Way helping seniors remain independent.

Better at Home is funded by the Government of B.C. and managed by the United Way.

# SOS Grocery Shopping Service





## Need help with grocery shopping?

We will pick you up at your home and take you to a local grocery store where SOS volunteers will be there to assist if needed. After grocery shopping, we will drop you off at your home. Seniors 65+ who live in District 69 can access this free program.

#### When?

Alternating Fridays in Parksville and Qualicum Beach, from 9:30 am to 12 noon.

### Volunteer!

Want to assist local seniors and have fun at the same time? Call 250.248.2093 ext. 230, or visit our website.

SOS Community Services Centres
Call to register:250.752.2040 ext. 200
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www.sosd69.com | 🔞 🗇 🛅