



## Volunteer Opportunities for Youth 14 – 19 Years of Age

SOS provides several volunteer opportunities for youth to support their career-life development. Youth ages 14 – 19 can gain valuable career training and develop new skills while earning volunteer hours to support graduation requirements for High School. Volunteering is a great way to increase your network, make new friends and have fun while giving back to the Oceanside community. Youth volunteer shifts can be scheduled around your school schedule, during spare periods, on Pro-D Days, after school and on weekends, depending on the SOS program schedule. Current youth volunteer positions are listed below:

### Child Youth and Family Centre (CYFC)

Position	Job Description	Skills Developed	When & Where
<b>Youth Mentor in the Kids Movement Program</b>	Setup and replenish food for families. Help serve food. Clean dishes in commercial dishwasher and store them in cupboards. Clean off tables and counter tops and general kitchen area.	hospitality, food service, kitchen prep, cleaning	PKV: Thu 3 – 5:30pm QB: Mon 3 – 5:30pm

Position	Job Description	Skills Developed	When & Where
<b>Child &amp; Baby Helpers in the TICTAC Program</b>	Help kids transition in and out of play, help them with arts and crafts and navigate through the room, how to make friends etc.	childcare, mentorship, leadership, teamwork	9-11am Mon/Wed in QB & Tue/Thu in PKV

### SOS Thrift Shop

Position	Job Description	Skills Developed	When & Where
<b>Merchandiser</b>	Placing donated merchandise on the sales floor	Retail merchandising, following instructions, creativity	Mon - Sat Morning shift 8:30 - 12:00 Afternoon Shift 12:30 - 4:00

Position	Job Description	Skills Developed	When & Where
<b>Donation Sorter</b>	Testing and categorizing donated items in the Thrift Shop sorting room	Following instructions, Teamwork, organization	Mon - Sat Morning shift 8:30 - 12:00 Afternoon Shift 12:30 - 4:00

Position	Job Description	Skills Developed	When & Where
<b>Cashier</b>	Processing cash and credit sales, customer service	Operating the cash register, sales transactions, customer service	Mon - Sat Morning shift 8:30 - 12:00 Afternoon Shift 12:30 - 4:00

### SOS Caring for Community at Christmas

Position	Job Description	Skills Developed	When & Where
<b>Christmas Toy Sorter / Gift Basket Maker</b>	Sort donated toys into themed categories and create gift baskets for clients	Following instructions, Creativity, design, presentation, teamwork	Mon/Wed/Fri 9am-4pm Parksville Nov 8 – Dec 10

To Apply, contact Coordinator of Volunteer Resources, Heather Jones  
[Volunteer@sosd69.com](mailto:Volunteer@sosd69.com) 250-248-2093 ext. 230