



Volunteer Opportunities for Youth 14 – 19 Years of Age

SOS provides several volunteer opportunities for youth to support their career-life development. Youth ages 14 – 19 can gain valuable career training and develop new skills while earning volunteer hours to support graduation requirements for High School. Volunteering is a great way to increase your network, make new friends and have fun while giving back to the Oceanside community. Youth volunteer shifts can be scheduled around your school schedule, during spare periods, on Pro-D Days, after school and on weekends, depending on the SOS program schedule. Current youth volunteer positions are listed below:

Child Youth and Family Centre (CYFC)

| Position | Job Description | Skills Developed | When & Where |
|--|---|---|------------------------|
| Youth Mentor in the Kids Movement Program | Create a safe space for youth participants (grades 4-6) by encouraging them to be part of activities. Assist facilitators to set-up activities and snacks and clean up when the session ends. | Childcare, mentorship, leadership, teamwork | Wed's from 5-7pm in QB |

| Position | Job Description | Skills Developed | When & Where |
|---|---|---|---------------------------------------|
| Child & Baby Helpers in the TICTAC Program | Help kids transition in and out of play, help them with arts and crafts and navigate through the room, how to make friends etc. | Childcare, mentorship, leadership, teamwork | 9-11am Mon/Wed in QB & Tue/Thu in PKV |

SOS Thrift Shop

| Position | Job Description | Skills Developed | When & Where |
|---------------------|--|--|---|
| Merchandiser | Placing donated merchandise on the sales floor | Retail merchandising, following instructions, creativity, customer service | Mon - Sat Morning shift 8:30 - 12:00 Afternoon Shift 12:30 - 4:00 |

| Position | Job Description | Skills Developed | When & Where |
|------------------------|--|--|---|
| Donation Sorter | Testing and categorizing donated items in the Thrift Shop sorting room | Following instructions, teamwork, organization | Mon - Sat Morning shift 8:30 - 12:00 Afternoon Shift 12:30 - 4:00 |

| Position | Job Description | Skills Developed | When & Where |
|----------------|--|---|---|
| Cashier | Processing cash and credit sales, customer service | Operating the cash register, sales transactions, customer service | Mon - Sat Morning shift 8:30 - 12:00 Afternoon Shift 12:30 - 4:00 |

SOS Caring for Community at Christmas

| Position | Job Description | Skills Developed | When & Where |
|---|--|--|---|
| Christmas Toy Sorter / Gift Basket Maker | Sort donated toys into themed categories and create gift baskets for clients | Following instructions, creativity, design, presentation, teamwork | Mon/Wed/Fri 9am-4pm Parksville Nov 8 – Dec 10 |

To Apply, contact Coordinator of Volunteer Resources, Heather Jones
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